

Fortnightly timetable of Events

Monday 15/10 Back to School	Tuesday 16/10	Wednesday 17/10	Thursday 18/10	Friday 19/10	Saturday 20/10
09:30 Yoga Hobart FRC	11:00 – 12:00 PT CrossFit 42 South North Hobart				
11:30 PT Sessions Burnie PCYC	11:30 PT Sessions Burnie PCYC	11:30 PT Sessions Burnie PCYC	11:30 PT Sessions Burnie PCYC	11:30 PT Sessions Burnie PCYC	
14:00 Longford Social PT Health Revival	12:00 Toasties & Walk Hobart FRC	18:00 Zen Do Kai Hobart FRC	12:00 Toasties & Walk Hobart FRC	15:00 Longford Social PT Health Revival	
NEW! 16:00-17:00 *Pilates* Coastal Physio 3 King St, Burnie (10 week program)			14:00 Get Creative Hobart FRC		

Monday 22/10	Tuesday 23/10	Wednesday 24/10	Thursday 25/10	Friday 26/10	Saturday 27/10
09:30 Yoga Hobart FRC	11:00 PT CrossFit 42 South North Hobart	11:30 PT Sessions Burnie PCYC	11:30 PT Sessions Burnie PCYC		
11:30 PT Sessions Burnie PCYC	11:30 PT Sessions Burnie PCYC		HOBART FRC CLOSED SHOW DAY	CHAUNCY VALE CAVES *WALK* 10:00 From Hobart FRC Josh Attending	10:30 Coffee Catchup Delicacy Café 35 Canning St, Launceston Josh Attending
14:00 Longford Social PT Health Revival	12:00 Toasties & Walk Hobart FRC	12:30 *Toolbox Talk* Session 1 Motivation Light lunch provided All Mates welcome! Hobart FRC	HOBART FRC CLOSED SHOW DAY	11:30 PT Sessions Burnie PCYC	
16:00-17:00 Pilates Coastal Physio 3 King St, Burnie Week 2		18:00 Zen Do Kai Hobart FRC	HOBART FRC CLOSED SHOW DAY	15:00 Longford Social PT Health Revival	