



Fortnightly timetable of Events

Monday 10/12	Tuesday 11/12	Wednesday 12/12	Thursday 13/12	Friday 14/12
09:30 Yoga Hobart FRC	11:00 – 12:00 PT CrossFit 42 South North Hobart			
11:30 PT Sessions Burnie PCYC	11:30 PT Sessions Burnie PCYC	11:30 PT Sessions Burnie PCYC	11:30 PT Sessions Burnie PCYC	11:30 PT Sessions Burnie PCYC
14:00 Longford Social PT Health Revival	12:00 Toasties & Walk Hobart FRC			15:00 Longford Social PT Health Revival
16:00-17:00 Pilates Coastal Physio 3 King St, Burnie Week 9		18:00 Zen Do Kai Hobart FRC	17:00 – 19:30 Family BBQ Evening All Mates welcome Hobart FRC	

Monday 17/12 *Hobart FRC Closed*	Tuesday 18/12	Wednesday 19/12	Thursday 20/12	Friday 21/12
09:30 Yoga Hobart FRC	11:00 PT CrossFit 42 South North Hobart			
HOBART PLANNING DAY FRC Closed Yoga will still be on in the morning	11:30 PT Sessions Burnie PCYC	11:30 PT Sessions Burnie PCYC	11:30 PT Sessions Burnie PCYC	11:30 PT Sessions Burnie PCYC
11:30 PT Sessions Burnie PCYC	12:00 Toasties & Walk Hobart FRC	12:30 *Toolbox Talk* Session 5 "Gratitude" Light lunch provided All Mates welcome! Hobart FRC		15:00 Longford Social PT Health Revival
14:00 Longford Social PT Health Revival			14:00 Get Creative Hobart FRC	 MERRY CHRISTMAS TO YOU ALL, SEE YOU IN 2019!
16:00-17:00 LAST ONE - Pilates Coastal Physio 3 King St, Burnie Week 10		18:00 Zen Do Kai Hobart FRC	17:00 – 19:30 Family BBQ Evening All Mates welcome Hobart FRC	 FRC CLOSED UNTIL WEDNESDAY 2 ND JANUARY