

Fortnightly timetable of Events

Monday 7/1	Tuesday 8/1	Wednesday 9/1	Thursday 10/1	Friday 11/1
09:30 Yoga Hobart FRC	No CrossFit today Starts again next Tuesday 15/1/19			
14:00 Longford Social PT Health Revival	12:00 Toasties & Walk Hobart FRC		14:00 Get Creative Hobart FRC	
		18:00 Zen Do Kai Hobart FRC	17:00 – 19:30 Family BBQ Evening All Mates welcome Hobart FRC	15:00 Longford Social PT Health Revival

Monday 14/1	Tuesday 15/1	Wednesday 16/1	Thursday 17/1	Friday 18/1
09:30 Yoga Hobart FRC	11:00 PT CrossFit 42 South North Hobart		9:00 Tasman Bridge Walk and Coffee Hobart FRC	
	12:00 Toasties & Walk Hobart FRC		14:00 Get Creative Hobart FRC	
14:00 Longford Social PT Health Revival		18:00 Zen Do Kai Hobart FRC	17:30 Partners Stroll and BBQ Tea Waterworks Reserve 199 Waterworks Rd. Ridgeway	15:00 Longford Social PT Health Revival