

Monday 18/03	Tuesday 19/03	Wednesday 20/03	Thursday 21/03	Friday 22/03	Saturday 23/03
<p><b>09:30-11:30</b> <b>Yoga</b> <i>Hobart FRC</i></p>		<p><b>7:30-8:30</b> <b>Swimming</b> <i>Hobart Aquatic Centre</i></p>			
<p><b>11:00</b> <b>Rock Climbing and Abseiling</b> <i>Fruehoff South Hobart</i></p>	<p><b>11:00 - 12:00</b> <b>PT Session</b> <i>Hobart FRC</i></p>	<p><b>8:30-12:00</b> <b>Ex Phys Sessions</b> <i>Hobart FRC – Bookings essential</i></p>	<p><b>10:00 – 11:30</b> <b>STAIR – Session 4</b> <i>Hobart FRC</i></p>		<p><b>10:00</b> <b>Partners Walk and Coffee</b> <i>Hobart Rivulet Walk, South Hobart (Molle St)</i></p>
	<p><b>12:00</b> <b>Toasties &amp; Walk</b> <i>Hobart FRC</i></p>		<p><b>15:00-16:00</b> <b>Curious Minds Session 4</b> <i>Hobart FRC Lounge</i> <i>“Goal Setting”</i></p>	<p><b>13:00 – 16:30</b> <b>Ex Phys Sessions</b> <i>Hobart FRC – Bookings essential</i></p>	
<p><b>14:00</b> <b>Social PT</b> <i>Longford Health Revival</i></p>				<p><b>15:00</b> <b>Social PT</b> <i>Longford Health Revival</i></p>	
		<p><b>18:30</b> <b>Zen Do Kai</b> <i>Hobart FRC</i></p>	<p><b>17:00 - 19:30</b> <b>Evening BBQ</b> <i>Hobart FRC</i></p>		

Monday 25/03	Tuesday 26/03	Wednesday 27/03	Thursday 28/03	Friday 29/03	Saturday 30/03
<p><b>09:30-11:30</b> <b>Yoga</b> <i>Hobart FRC</i></p>		<p><b>7:30-8:30</b> <b>Swimming</b> <i>Hobart Aquatic Centre</i></p>			
	<p><b>11:00 - 12:00</b> <b>PT Cross-Fit 42 South</b> <i>North Hobart</i></p>	<p><b>8:30-12:00</b> <b>Ex Phys Sessions</b> <i>Hobart FRC – Bookings essential</i></p>	<p><b>10:00 – 11:30</b> <b>STAIR – Session 5</b> <i>Hobart FRC</i></p>		
	<p><b>12:00</b> <b>Toasties &amp; Walk</b> <i>Hobart FRC</i></p>		<p><b>14:00</b> <b>Crafternoon</b> <i>Hobart FRC</i></p>	<p><b>13:00 – 16:30</b> <b>Ex Phys Sessions</b> <i>Hobart FRC – Bookings essential</i></p>	
<p><b>14:00</b> <b>Social PT</b> <i>Longford Health Revival</i></p>			<p><b>15:00</b> <b>Peter Gillet Book Chat</b> <i>“A Step too Far, Life as a Country Cop”</i> <i>Hobart FRC Lounge</i></p>	<p><b>15:00</b> <b>Social PT</b> <i>Longford Health Revival</i></p>	
<p><b>14:30</b> <b>Coffee Catch-up</b> <i>Kingborough Neighbourhood Centre</i> <b>Matt attending</b></p>		<p><b>18:30</b> <b>Zen Do Kai</b> <i>Hobart FRC</i></p>			